



Brisbane
Bushwalkers

Established 1948. Still Walking Strong.

Brisbane Bushwalkers

Newsletter

October 2023

2023 Annual General Meeting

The Club held its AGM on Wednesday 25 October where the following Office Bearers were elected:

President - Geraldine Burton

Vice President - Robert McPhee

Secretary - Sally Anne Clark

Treasurer - Linda Morrissy

Outings Officer - Arthur Walton

Safety & Training - Helen Barge

New Members Officer - Dwan Moore

Social Secretary - Linda McPhee

Equipment Officer - Cathy Stewart

Technology Officer - Michael Rosenberg

Abseil Coordinator - Andrew Christie.

Welcome to our new Committee members and our **thanks** go out to those retiring from the Committee - Peter Jackson, Tom Cowlshaw, Steve Cockburn, Libby Anderson and Mark Naumann.

Please take time to view the Club's [Annual Report](#). Committee members put considerable effort into preparing this document which is a summary of the Clubs activities over the past year.

Just a reminder to all, the fire season is upon us. Leaders and members please make yourself aware of the current fire situation in the areas you visit. Conditions are constantly changing, stay safe.

Don't forget all entries into the Photographic Competition can be viewed [here](#)

The last meeting of the year will be held on December 13 and the first meeting for 2024 will be in January with a date to be advised. Dare we say "Merry Christmas to all and a Happy New Year".

Keen to view previous editions of this newsletter? Click [here](#)
[View the Activities Calendar](#)



BBW greets - Ron Farmer, Tom Cowlshaw & Mary Comer, cutting the 75th Anniversary cake - Diane Van

Meeting Calendar

8 November

Walks in the south-west of Western Australia - Eiril McNamara

22 November

Club business meeting and New Members Introduction

13 December

Life Without Cheese, consequences of Mammalian Meat Allergy caused by Tick Bite - Shannon Bratton, Chris Hall & Roz Glazebrook

11 January 2024

tbc

25 January

Club business meeting and New Members Introduction

Presentation meetings are held on the 2nd Wednesday of the month commencing at 7:40 pm, with refreshments served. The club accepts new member applications on the 4th Wednesday of the month, except in October and December. If you have recently been on a walk and would like to share your photos and the experience please contact vicepresident@brisbanebushwalkers.org.au



**BBW
75**

Still
walking
Strong!

75th Anniversary

Brisbane
Bushwalkers Club
1948 to 2023

BBW75 Commemorative Magazine

To celebrate 75 years of walking strong, BBW has produced a publication to honour our past, present, and future as the oldest and largest bushwalking club in Queensland. At 84 pages, it is packed with historical articles, member interviews and reflections plus a comprehensive review of bushwalking gear across the decades. The magazine can be bought at all Club Meetings at Newmarket and at K2 Basecamp, Fortitude Valley.

The BBW 75th Anniversary magazine is now available for purchase via Direct Deposit and with postal delivery.

To order your 75 th Magazine for postal delivery:

Postal delivery \$15.00 per copy incl. postage. Pay by Direct Deposit (EFT) (see below). Email your order and your delivery address to president@brisbanebushwalkers.org.au Your order will be dispatched once payment has been received.

Collection

Pay and Collect \$10.00 per copy.

Payment can be made on the night in cash or by Direct Deposit.

Collect from BBW Club night, first Wednesday of the month. Check the club activity calendar for the next meeting.

BBW bank details for payments via Direct Deposit

Brisbane Bushwalkers

BSB: 124-021

Acc: 10414419

Reference: Mag + your name



Ariane M displaying determination - Louise Critchley

Track Closures

Main Range National Park

Gap Creek Falls walking track is undergoing maintenance and will remain closed up until November 2023.

The Head Road over Teviot Range, managed by the Scenic Rim Regional Council, is currently closed until further notice, affecting access to sections of Main Range National Park.

Southern access to the following locations will be affected:

Lizard South remote bush camp

Mount Superbus - North Peak remote bush camp

Mount Superbus - South Peak remote bush camp

Scenic Rim Trail

Parts of the Scenic Rim Trail in Main Range National Park is closed due to wildfire. This closure includes the section of the Scenic Rim Trail to the Winder (top of Lookout Road) and the following walkers camps:

Mount Mistake walkers camp

Castle View walkers camp

Banshee walkers camp.

All other Main Range walking tracks are open.

Lamington National Park

Applies 16-03-2023 till 29 Dec 2023. As a result of a series of severe weather events throughout 2022 the eastern (dry) side of the Illinbah circuit will remain temporarily closed until declared safe. The Gwongoorool track (6 km return) and the western (wet) side of the Illinbah circuit (17 km return) have been made safe and are now open for visitors to access. The reopening also provides access to the Illinbah & Darlington remote bush camp sites for bushwalkers during the peak walking season between April and September. Please note: The western (wet) side of the Illinbah circuit includes twelve creek crossings (one way) of the Coomera River to negotiate as part of the walk. Please check the Bureau of Meteorology website for current weather forecast and water level heights of the Coomera River before undertaking this walk.

Leaders should check the NP website for alerts.

<https://parks.des.qld.gov.au/park-alerts>

<https://www.seqwater.com.au/recreation-and-safety-notice>



Dwan Moore and Helen Barge celebrating at the BBW75 Anniversary party

Snake bite prevention & treatment

With the weather warming up walkers can expect more encounters with snakes.

Busting Common Snake Misconceptions

A snake's instinct when threatened is to retreat – not attack. Snakes are naturally shy and inclined to avoid any threats and that includes humans.

What to do if you see a snake on the trail

1. Be aware, be cautious but don't let fear cause you to react in a way that may be considered aggressive, threatening or that has the potential to make a snake feel cornered. Stay calm and do not approach it – that means don't shout out, run or move suddenly, or do anything to provoke it.
2. Slowly back away, observing the snake to determine its direction.
3. Head in the opposite direction or wait for it to move from a safe distance, with several metres between you and the snake. Once the snake is aware of your presence, it will likely slither undercover, leaving the trail free. Alternatively if it is safe to do so you can walk around it, leaving plenty of space between you and the snake.

Precautions & Prevention

Unless you are provoking the snake in some way like entering its strike zone by attempting to catch or kill it, it is extremely unlikely you'll be bitten by a snake. It pays to be cautious on the trail as snakes are naturally well camouflaged.

Wear Protective shoes & Clothing

Snake bites to hikers usually occur to the lower legs such as the ankles. Wear lightweight long pants gaiters and footwear.

What to do if your trail buddy gets bitten by a snake

Immediately call emergency services. The puncture points of a snake bite can be near undetectable to the untrained eye unless swelling or bleeding occurs. Assume any bite is venomous and life-threatening and take action by immediately. Keep the victim calm and still, lie them down in a stationary position and do not move them unless there is further immediate risk. Apply a pressure immobilisation bandage.

DON'T use a tourniquet - A tourniquet can inhibit blood flow to the point where it can cause permanent damage to the limb.

DON'T allow the bite victim to smoke, consume caffeinated drinks or alcohol.

DON'T try to suck out or drain the venom by cutting the skin – This is

dangerous and not effective.

DON;T attempt to treat the swelling with ice

To read the full article go to the link below or look on the website under "Latest News".

<https://www.sportitude.com.au/blog/australian-snake-bite-prevention-treatment-on-the-trail>



Atop the Devils Peak, Flinders Ranges SA

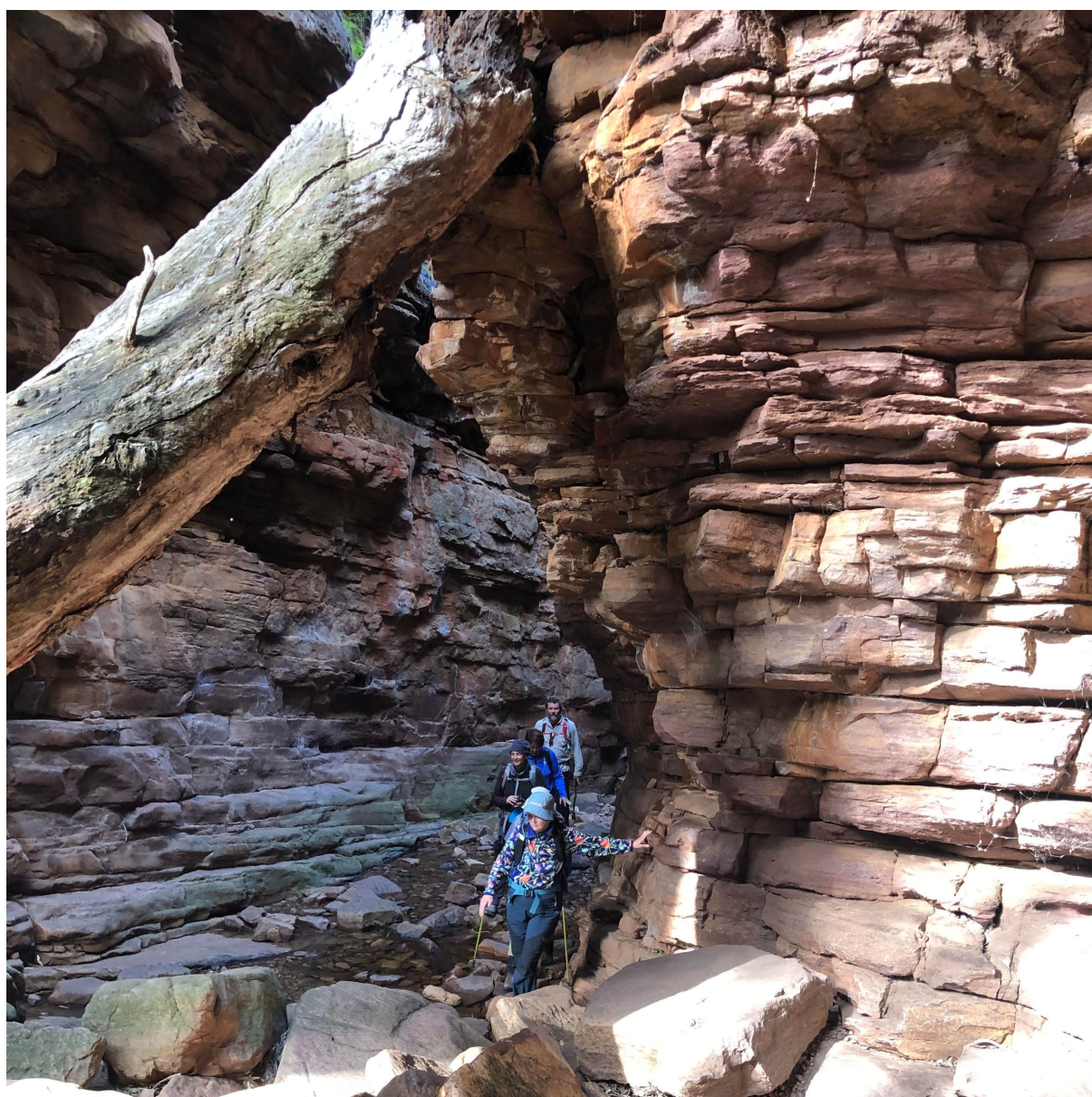
Bushwalking Research Project

BBW Club member Lynda Aldridge, is part of a research project being undertaken by the Bachelor of Recreation and Outdoor Environmental Studies program at the University of the Sunshine Coast. Lynda is seeking the assistance of Club members by asking us to participate in a survey. The purpose of the research project is to gain a deeper

understanding of outdoor recreation participants' motivations for participating in and the perceived benefits of their chosen outdoor pursuit. The team is also looking at the attitudes and behaviours of people participating in outdoor activities towards the environment. The aim of the research is to allow the appropriate management of natural resources and deliver suitable public education.

The closing date for the survey is the 12 November, 2023. Complete the survey [HERE](#)

If you have any further questions please contact Linda at lyndaldridge@gmail.com



Events + Safety and Training

New Member Induction Mt Coot-tha - Sat November 4

The Induction is designed to introduce new members to bushwalking and to the Brisbane Bushwalkers Club. [Nominate here](#)

New Member Induction Green's Fall & Western Window - Sat 18 November

The Induction is designed to introduce new members to bushwalking and to the Brisbane Bushwalkers Club. [Nominate here](#)

BBW Christmas Party 2023 - Fri -Sun 1-3 December

Master Chef David Sydes and his team will treat us to another gourmet Christmas feast, followed by dancing and frivolities to tribute tunes from the ever so popular three-piece Flanders Band. Explore the beautiful D'Aguilar National Park on one of the many walks that will be posted closer to the date. And on Sunday morning, take a leisurely stroll through Samford for coffee and breakfast at one of the numerous cafes or go orienteering on the BP Park permanent orienteering course or visit the Samford Historic Museum before returning home.

[Nominate here](#)



Magnificent Gums, Wilpena Pound - Helen Barge

Koala Tracking by App

As part of the Queensland Government's Koala Protection Strategy and

mapping exercise, bushwalkers have been requested to download the QWildlife app to record sightings. This app will add data to the Queensland Koala map and enhance the Koala Protection Areas to further advise future planning. Koala sightings can be reported [here](#)

The app is downloadable from both:

- the Apple Store <https://apps.apple.com/au/app/qwildlife/id1500668021>

- the Google Play Store <https://play.google.com/store/apps/details?id=gov.qld.dnrme.QWildlife>



BBW poet Cathy Stewart, presenting at the BBW75 Anniversary party

A Poem for Dwan Moore by Cathy

Stewart

When Dwan agreed to be the Social Convenor- who knew
What this rugged bush basher in gaiters could do!
We were all quite accustomed to Dwan roughing it out
On tracks overgrown and pinnacles stout,
Pushing through undergrowth and leading the way through
Climbing all the tough mountains, and abseiling too.
In the jungles of North Qld climbing Mt Bartle Frere
The leeches latched onto him everywhere!
Even on places never heard of before
Which by all accounts he stoically bore.
The back of the throat, the eyes no less,
Most other hikers would have dissolved into a mess.
But Dwan's a guy made of sterner stuff
Tasmanian bred, disciplined and tough.
But little did I realise the extent of his skill
Till I saw him behind his BBQ grill!
Fixing dinner for 30, and in a remote bush camp too
Featuring hors d'oeuvres, entrees and tiramisu!
Planning and catering and prepping and cooking
And he seems to do it all while nobody's looking!

His Platinum Boot Camps have been a great idea
To celebrate the club's 75th year.
They proved very popular and were a roaring success
The fun, the food, and the campfire, we were all impressed!
Green Mountains, Christmas Creek, and Boonoo Boonoo,
Washpool/Gibraltar and The Steamers too.
Such wonderful places to bushwalk through!
And the photos we all took to remember it by
Will be gathered and sorted and categorised by
None other, you guessed it, our very same guy!
Dwan Moore, once more to the fore, as
Photographic Officer
Will present our work to an Independent Connoisseur
To be judged on the night for your viewing delight.

Its the biggest highlight on our yearly calendar!
Then just in case he wasn't busy enough
With Boot camps and photo comp and catering stuff
With persistent perspicacity Dwan's spare time was spent
Organising and planning this year's Pilgrimage event!
With this stunning list of roles he has covered this year
I think he deserves the Platinum Pin of the year
And the biggest round of cheer from all of us here!
Hip Hip Hooray!



A happy team atop Mt Maroon - arranged by Graeme Harper

BBW Club Library

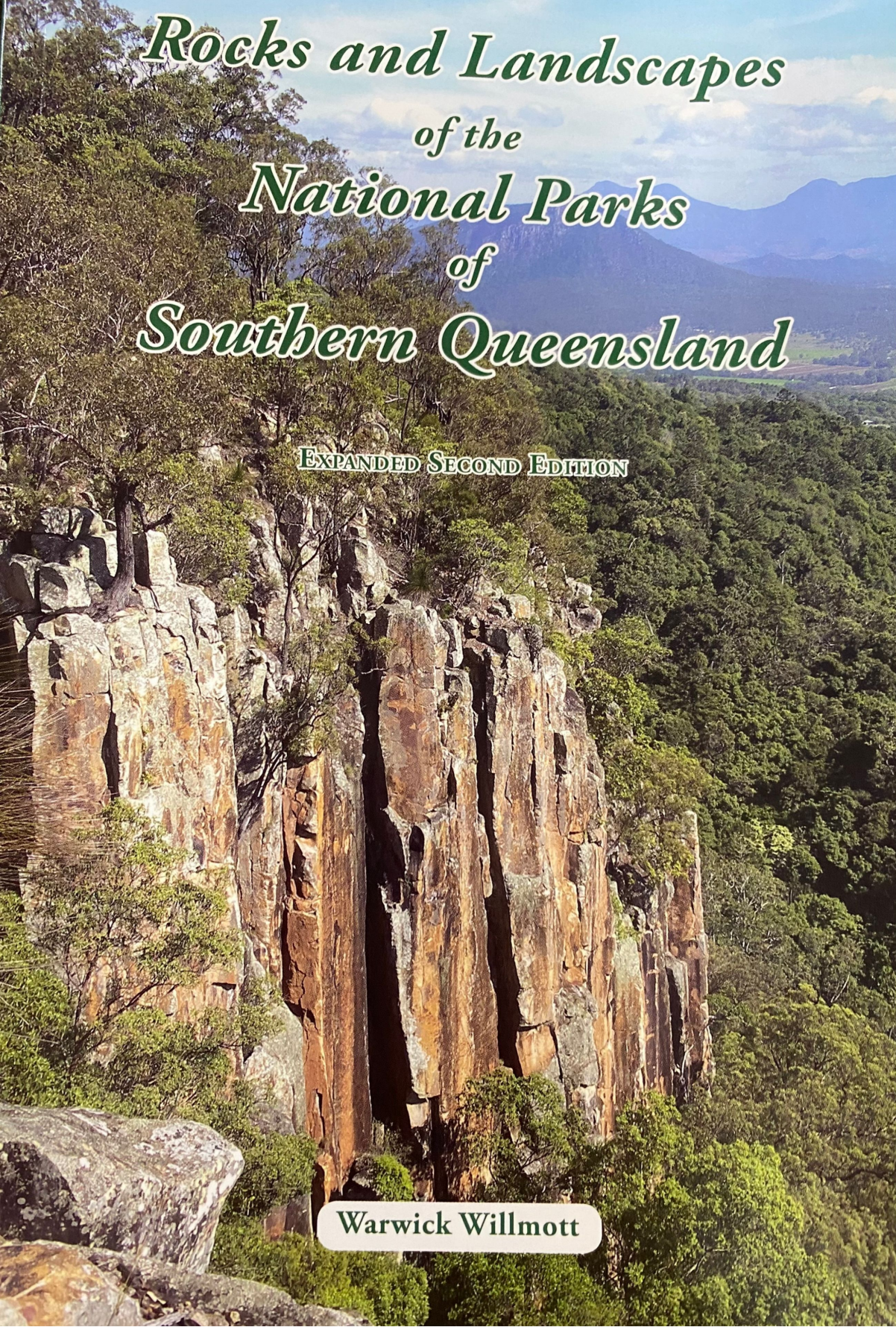
Are members aware that the Club has a comprehensive library with a catalogue of reference books on walking trails both locally, interstate and internationally? If there are walks in the Americas, Asia, Europe, New Zealand and the United Kingdom, the library should be able to provide information to members.

In addition to this, the library lends out publications on mountain skills, novels with a bushwalking theme, pretty coffee table books and a range of topographic reference maps. The full library catalogue is located on the website [here](#). Members can purchase snake bandages from the library and the last of the Club shirts on special.

The general loan period is one month, but if you are nice to our library team of Tom and Leonie they may extend this period.

Featured from the library this month is a book from the Geological Society of Australia written by Warwick Wilmott. Warwick explains "how the landscapes of various parks and reserves in southern Queensland have developed". Many members have walked in the Scenic Rim and will find the information in this book of particular interest. It is available for loan on the 2nd and 4th Wednesday's of the month.

Library@brisbanebushwalkers.org.au



Rocks and Landscapes
of the
National Parks
of
Southern Queensland

EXPANDED SECOND EDITION

Warwick Willmott

On the climb up to Mt Maroon via the creek - Cath Carkeet

Your club, your newsletter

Let us know so we can let our community know

If you would like to share photos, walking news or any other appropriate content please email newsletters@brisbanebushwalkers.org.au



Brisbane Bushwalkers recognises the Turrbal Traditional Owners and Elders past, present, and emerging of the land on which we are based, as well as the Traditional Owners and Elders past, present, and emerging of other lands on which we conduct our activities. .

Copyright © 2022 Brisbane Bushwalkers, All rights reserved.

<https://www.brisbanebushwalkers.org.au/>

GPO Box 1949, Brisbane 4001

Want to change how you receive these emails?
You can [update your preferences](#) or [unsubscribe from this list](#).