



Brisbane
Bushwalkers

Established 1948. Still Walking Strong.

Brisbane Bushwalkers

Newsletter

May 2023

Welcome to this edition of the Club's newsletter as we leave the summer heat behind us and look forward to enjoying a fantastic selection of outdoor activities in cooler conditions.

The Club's latest Leader training program has boosted our Leader cohort by five, the new inductees are: Rob McPhee, Linda McPhee, Ben Silaf, Denise Manning and Ken Staib. They have been endorsed by the committee and are now ready to lead walks in the Club. A big thank you to them AND to ALL our leaders for their service to the Club.

Our 75th Anniversary Commemorative magazine is in production and we need your best images of people, places and events of all Club activities and Platinum Boot Basecamps. Please send to Linda McPhee at lillymac61@gmail.com with names and dates. Inclusion will depend on available space and technical and subject quality.

This is a sample of what is on offer over the next few months on our ever growing Calendar of Activities.

Steve Cockburn is leading the "Mt Mathieson Trail with a touch of Spice". This walk is offered primarily to new members and includes a few interesting challenges. To learn more about this walk look [here](#)

Ken Staib, a keen cyclist will lead an "Introduction to the Brisbane Valley Rail Trail", taking participants on a day trip between Coominya to Esk & return. To learn more about this trip read Ken's notes [here](#)

To fuel up for your next walk consider a night out with Bernie and Karen Ryan who will host a night out at "Lefkas Greek Restaurant" where the dishes are reputed to be edible stories inspired by the memories of Greece. Check out the menu and more [here](#)

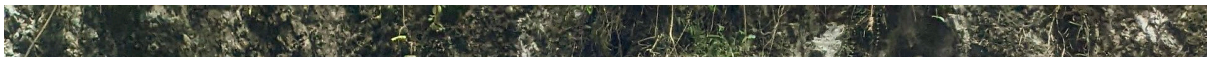
If the food and the cycling does not appeal, how about looking into some of the walks on offer as part of the Mt Barney Base camp. Matt and Henny, two very experienced high level walkers will lead "Mt Barney- North & Logans Ridges", for the fit and intrepid. Its graded at a very high level! Read their trip notes carefully [here](#)

Our current BBW Secretary, Caroline Gurtler, has resigned from the position for personal reasons. The Committee would like to express their gratitude to Caroline for her diligence and professionalism in carrying out the role over the past 18 months. The detailed Minutes and attention to secretarial tasks has made the roles of remaining Committee members so much easier. Thank you Caroline.

We are pleased to announce that Sally-Anne Clark has generously agreed to take over from Caroline, and, as per the Club rules, was appointed at the May Committee meeting. We welcome Sally-Anne to the Committee, and look forward to working with her.

Keen to view previous editions of this newsletter? Click [here](#)

[View the Activities Calendar](#)







From the abseil "last drinks at Burnett Canyon - Matt D

Meeting Calendar

10 May

Walks in Turkey, Armenia and Georgia by Ray Clancy. *Please note - no Libraries service available on this night.*

24 May

Club business meeting and New members Introduction. *Please note - no Libraries service available on this night.*

14 June

Bush Walkers and Weed Spotting by Dominic Hyde, Mt Nebo & Mt Glorious
Environmental Protection Assoc

28 June

Club business meeting and New members Introduction

12 July

Walking the Camino Frances by Margaret Duffield

26 July

Club business meeting and New members Introduction

Presentation meetings are held on the 2nd Wednesday of the month commencing at 7:40 pm, with refreshments served. The club accepts new member applications on the 4th Wednesday of the month. If you have recently been on a walk and would like to share your photos and the experience please contact vicepresident@brisbanebushwalkers.org.au



Atop of Bald Rock, Bald Rock NP - Liz Izquierdo

Track Closures

Main Range National Park

Lookout Road in the Goomburra section of Main Range National Park will be closed to traffic from Tuesday 2 May 2023 to Tuesday 23rd May for resurfacing and repair work to culverts. Lookout Road can be accessed on Friday afternoons, Saturdays and Sundays during the closure period.

The closure includes the following walking tracks:

Araucaria Falls track

Winder track

Mount Castle lookout track

Sylvesters lookout track

North Branch track

Dalrymple circuit, Cascades circuit and Ridge track will remain open.

Head Road closures

The Head Road over Teviot Range, managed by the Scenic Rim Regional Council, is currently closed until further notice, affecting access to sections of Main Range National Park. Southern access to the following locations will be affected:

Lizard South remote bush camp

Mount Superbus - North Peak remote bush camp

Mount Superbus - South Peak remote bush camp

Lamington National Park

Applies 16-03-2023 till 29 Dec 2023

As a result of a series of severe weather events throughout 2022 the eastern (dry) side of the Illinbah circuit will remain temporarily closed until declared safe. The Gwongoorool track (6 km return) and the western (wet) side of the Illinbah circuit (17 km return) have been made safe and are now open for visitors to access. The reopening also provides access to the Illinbah & Darlington remote bush camp sites for bushwalkers during the peak walking season between April and September. Please note: The western (wet) side of the Illinbah circuit includes twelve creek crossings (one way) of the Coomera River to negotiate as part of the walk. Please check the Bureau of Meteorology website for current weather forecast and water level heights of the Coomera River before undertaking this walk.

D'Aguilar National Park

The Manorina carpark and trailhead and access to the Atrax Circuit and Morelia Track are currently closed. Refurbishment works have commenced and will run through to late July 2023. Planned works at Manorina include upgrades to the carpark, trailhead and signage. There will be no public access into the Manorina trailhead area during the construction period. The nearest walking tracks and facilities are located at Maiala, Boombana and Jollys Lookout.

Springbrook National Park

As a result of flood damage due to a severe rainfall, the Tanninaba Lookout on the Purling Brook Falls circuit will remain temporarily closed. There is no through access from Settlement Camping Area or day use area (DUA) to the Gwongorella picnic area and western lookout. Although the Tanninaba lookout will remain temporarily closed, the Purling Brook falls circuit including Warringa Pool and the Gold Coast Hinterland Great walks tracks are now open and accessible to the public. The eastern and western lookouts of Purling Brook falls circuit are open to the public.

Gold Coast Hinterland Great Walks:

All other walking tracks within Springbrook National Park are open.

SEQ Water

QPWS and SEQ Water would like to advise visitors that construction to replace the pedestrian bridge on Narrows sections of the Sunshine Coast Hinterland Great Walk, will begin on Monday 17th April to Friday 19th May (approx 5 weeks - weather dependent). This construction project will mean that there will be no access from Baroon Pocket Dam through to Kondalilla National Park.

Leaders should check the NP website for alerts.

<https://parks.des.qld.gov.au/park-alerts>

<https://www.seqwater.com.au/recreation-and-safety-notice>



Along the Scenic Rim trail - Graeme Harper

Health & Safety - medical disclosure

Members are reminded of their responsibility as stated in the BBW

Members Handbook to advise the leader and/or another walker of any relevant medical conditions and location of possible emergency treatments. The leader will keep this information confidential. It is in a member's best interests to do this, so that the leader, other walkers, and medical or emergency responders can appropriately assist them in the event of an incident.

Members should let the leader know if they are carrying any medication or an EpiPen, and where to find these in their pack. Notes on this medication and the medical condition should also be included. Members can advise the leader via email prior to the walk, or on the day, prior to the commencement of the walk.



Through walkers navigating the challenging Bookookarara Gorge - from the Album of Annie Marlow

What's in your lunch box?

Member stories. (These articles will appear occasionally in the Newsletter)

Mark Houghton is a long term leader and mentor to many BBW members. He began his walking career at the age of nine when he strolled off along Dicky Beach one summer day. He returned some hours later to distraught and angry parents but this didn't dampen Mark's enthusiasm for walking. He joined BBW in the late 60's and undertook Leader training not long after that. Apart from a break when his children arrived, his membership has been continuous since 2002. Mark has lived in Jolly's Lookout at Mount Glorious since the early 1980's where he raised his family. He was attracted by the large plot of land, the peace and quiet and the panoramic views. By chance there were good walking tracks close by and the National Park was just across the road.

Kindly Mark shared a few insights into his bushwalking life.

ED: When you go out for a walk, what never gets left at home?

MH: My PLB, water and something to eat

ED:What changes in gear over the years have really made a difference to bushwalking?

MH: Through walking gear and food. Cotton or wool featured in clothing and "Vesta" was the go to brand for meals. (Vesta was mainly flavoured rice)

ED: Not naming any names, do you have any funny stories about members of the club?

MH: (big chuckle, I have plenty of stories!) We used to use "Van Winkle" sleeping bags, they were filled with cotton and were not warm, "RF, (unnamed BBW member)" said "the only way to get warm in a Van Winkle renamed as "Van Freezall" was to get in and let it absorb all your cold, then get out and throw it away".

ED: What is something that people may not know about you?

MH: I don't like spicy food

ED: What's in your lunch box?

MH: Usually my standard is a peanut butter sandwich, a jam sandwich, fruit cake, cut up tomato, 2 slices of cheese and lots of dates. Dates keep for ever.

A bit like Mark.



Palm Gorge, Mt Greville - Cath Carkeet

Events + Safety and Training

Mt Glorious Barracks Grandparents weekend - May 19-

21.

These weekends provide an opportunity for grandparents to introduce their grandchildren to the pleasures of being in the bush in a safe and secure environment. [Nominate here](#)

Christmas Creek Grandparents weekend - May 26-28

This weekend base camp will take advantage of the Lost World Guesthouse facilities to introduce grandchildren, nieces, nephews and orphans to the southern area of Lamington National Park. [Nominate here](#)

Mt Barney Base Camp weekend - May 26-28

This weekend base camp will be held at Bigriggen Camping area situated at Bigriggen past Rathdowney. The camp ground offers hot showers, camp kitchen, toilets, small shop (selling coffee) and fire places.

A variety of walks will be on offer. [Nominate here](#)

New Member Induction - Saturday May 27

This NM Induction will take place as part of the Platinum Boot weekend base camp at the Stinson Memorial Park, Christmas Creek. The Induction is designed to introduce new members to bushwalking and to the Brisbane Bushwalkers Club. [Nominate here](#)

The next training for new leaders will be held on the 2nd & 3rd of September. Further details to be published in the next newsletter.

[Activities calenda](#)



Platypus Pool, Boonoo Boonoo NP - Binzhong Zhou

Handy hints for new members

Hiking Poles Part 1 - Are they Necessary?

Many new members ask if hiking poles are necessary. In short, they are not an essential item, but many walkers find them very helpful. If the track you are walking is smooth, with limited elevation and you are not carrying any injuries, poles are unlikely to make much difference. However, if the track is rocky, uneven, or steep in places, then poles can provide an extra point of contact. The result is more stability and balance and less chance of a fall and potential injury.

If you are carrying an injury to a joint or recovering from an injury, then poles can also help absorb some of the impact on these joints. While poles are generally sold as a pair, you can choose to use only one or both.

Next Newsletter - Hiking Poles Part 2 Purchasing Poles.



*One stop shop, Dwan Moore, the man WE need, that feeds and leads -
Binzhong Zhou*

Butane Gas cannister disposal and reuse

Many club "Through walkers" make use of small fuel stoves for cooking. The fuel used to power Jet Boils or Pocket Rockets can be a combination of butane, Isobutane and Propane. Whilst they are convenient and easy to use, the questions remains about how to correctly dispose of the empty canisters at the end of the trip.

"Pressurised gas cylinders cannot be disposed of in garbage or recycling bins or at landfills, as they present a danger when compacted." According to the [Plant Ark website](#)

Thankfully for residents close to Brisbane the City Council provides a drop off service to collect empty canisters. [Brisbane City Council Resource Recovery Centres](#) at four resource recovery centres at Chandler, Ferny Grove, Nudgee

and Willawong with recycling and waste facilities.



BBW75 logo - Linda McPhee

BBW75 Platinum Book weekends

1980 Christmas Creek 26 -28 May FULL

A Christmas Creek base camp and through walk was led by Narelle Rutherford and Ian Cowan in June 1972. The location of this base camp will be the Stinson Memorial Park. This base camp will incorporate a New Members Induction.

1960 -1970 Mt Barney 16-18 June FULL

A base camp at Waterfall Creek, in the shadows of Mt May led by Warren Johnson was held in July of 1965. The location of this base camp will be Mt May Waterfall Creek campground. Saturday there will be a day walk to the summit of Mt May (S DW 5C), a day walk to Upper Portals and Montserrat Lookout (M DW 5C), a beginners through walk to the Upper Portals (S TW 4B) and a through walk to Mt Ballow via Mowburra Peak (M TW 6D), which will all be listed separately.

1950 -1960 Main Range 21- 23 July

A base camp at Emu Creek, in the shadows of the Steamers was led by Col McLellan in April 1955. It was a

significant moment in the history of BBW as Col's group were camped here when the Lincoln Bomber crashed into the side of Mt Superbus, Easter 1955. Saturday there will be a day walk to the iconic Steamers (M DW 5C) and on Sunday we visit the Lincoln Bomber crash site (M DW 5C), The through walkers will continue on from the Steamers to Lizard Pt returning Sunday via the Lincoln Bomber (M TW 5C). Walks will all be listed separately.

Saturday night there will be happy hour and a BBQ (BYO Drinks). Nominations open on the 22 May, be quick!

[Watch for nominations here](#)



Bald Rock ascent - Binzhong Zhou

Barrack working bee weekend

Over a sunny April weekend, a working bee base camp was held at the D'Aguiar National Park Barracks. We had 19 BBW members attend on Saturday and split into 2 groups, with the Jollys Lookout and Boombana group supervised by Arthur and the Barracks and Maiala group supervised by Gerry. The Jollys Boombana team did a great job on track maintenance and repainting signage on the Egernia and Thylogale Tracks. The Barracks team worked on signage at the Maiala trailhead and gave the Barracks a truly transformative spring clean: washing mould from walls, oiling the deck and steps, and cleaning out the shed. National Parks were very appreciative of the awesome work achieved by our members. There was a strong social component to the weekend with 8 members staying over on both Friday and Saturday nights.



Participants in the Barracks working bee weekend

Your club, your newsletter

Let us know so we can let our community know

If you would like to share photos, walking news or any other appropriate content please email newsletters@brisbanebushwalkers.org.au



Brisbane Bushwalkers recognises the Turrbal Traditional Owners and Elders past, present, and emerging of the land on which we are based, as well as the Traditional Owners and Elders past, present, and emerging of other lands on which we conduct our activities. .

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